

NOTE: This comparative guide is meant to serve as a resource to practices regarding the general framework of collaborative care payer policies. It is not a substitute for detailed payer billing and coding requirements. It will be updated on an annual basis. "Changes from prior versions are noted in red font."

	Billing Codes	Eligible Conditions	Team Criteria	Psychiatric Consultant Definition	Episode Definition	Patient Cost Share	Initiating (initial) Assessment	Prior Auth.	Plan of Care Documentation	Required Services
CMS	99492	Any mental,	Treating (Billing)	A medical	CoCM is	Traditional	Includes	N/A	Appropriate	Please see Appendix at
(Medicare	99493	behavioral health,	Practitioner;	professional	delivered	Medicare	administration		documentation	end of grid for detail on
Fee for	99494	or psychiatric	Behavioral	trained in	monthly for an	FFS	of applicable		required-	codes 99492-99494 and
Service)	G2214	condition treated	Health Care	psychiatry	episode of care	coverage	validated			G2214
		by the billing	Manager	and qualified	that ends when	rules apply	rating scale(s)			
		practitioner,	(required for	to prescribe	targeted					
		including	CoCM; optional	the full range	treatment goals					
		substance use	for General BHI);	of	are met or					
		disorders, that, in	Psychiatric	medications.	there is failure					
		the clinical	Consultant		to attain					
		judgment of the	(required for		targeted					
		billing practitioner,	CoCM; optional		treatment goals					
		calls for BHI	for General BHI)		culminating in					
		services	; Clinical Staff		referral for					
			(may be used in		direct					
			provision of		psychiatric care,					
			General BHI)		or there is a					
					break in					
					episode (no					
					CoCM for 6					
					consecutive					
					months).					

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	Billing Codes	Eligible Conditions	Team Criteria	Psychiatric Consultant Definition	Episode Definition	Patient Cost Share	Initiating (initial) Assessment	Prior Auth.	Plan of Care Documentation	Required Services
Blue Cross and Blue Shield of Michigan (commercial and MA)	99492 99493 99494 G2214 G0512	Focus is on depression and anxiety in primary practices and in family and OB practices for perinatal population	Must use triad of providers as described by University of Washington's AIMS Center and Centers for Medicare & Medicaid Services	Aligns with the Centers for Medicare and Medicaid Service's definitions.	Aligns with the Centers for Medicare and Medicaid Service's definitions.	Patient liability that aligns with copays and deductibles may apply.	Required	Not required. Medicaid has different rules.	Required	Aligns with the Centers for Medicare and Medicaid Service.
Priority Health (commercial and MA)	99492 99493 99494 G0512 G2214	Intended to manage behavioral health conditions in primary care practices	PCPs must be practicing at PCMH designated practice in program year and use an evidence-based program that aligns with University of Washington AIMS Center program to integrate PCP and behavioral health.	Aligns with the Centers for Medicare and Medicaid Service's definitions.	Aligns with the Centers for Medicare and Medicaid Service's definitions.	Copayments waived.	Required	Not Required	Required	Aligns with the Centers for Medicare and Medicaid Service.

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HAP (commercial and MA)	99492 99493 99494 G2214 G0512	Intended to manage behavioral health conditions in primary care practices	Primary care provider (PCP) working in Collaboration with a Behavioral Health Care Manager and the Psychiatric Consultant.	Aligns with the Centers for Medicare and Medicaid Service's definitions.	Aligns with the Centers for Medicare and Medicaid Service's definitions.	Patient liability that aligns with copays and deductibles may apply.	Required	Not required	Required	Aligns with the Center for Medicare and Medicaid Service.
MDHHS Medicaid*  NOTE: Individual MHPs may offer more generous policies, but may not be less generous in benefit coverage.	99492 99493 99494 G0512 G2214	Include, but are not limited to, mild to moderate depression, anxiety, bipolar disorder, attention deficit disorder, substance use disorder (SUD) and individuals who may not be deemed eligible for specialist services through the Community Mental Health Services Program (CMHSP)	Primary Care Provider or treating physician, Behavioral health care manager, Psychiatric consultant.	Medical professional (MD or DO) who is trained in psychiatry or behavioral health and qualified to prescribe the full range of medications.	An episode of care begins when a beneficiary starts CoCM and an episode of care ends when a beneficiary either: • Fulfills treatment goals and the beneficiary returns to usual primary care follow-up, • Fails to attain treatment goals, fails to	N/A	Required	Required after an initial six-month episode of care for an additional six months.	Required	Initial assessment continued monitoring and monthly monitoring.

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Billing	Eligible Conditions	Team Criteria	Psychiatric	Episode Definition	Patient Cost	Initiating	Prior	Plan of Care	Required Services
Codes			Consultant Definition	Definition	Share	(initial) Assessment	Auth.	Documentation	
			Deminition	improve or		Assessment			
				their condition					
				worsens and					
				requires					
				referral to					
				specialty					
				services, or • A					
				break in					
				services for six					
				consecutive					
				months or more					
				occurs, at which					
				point a new					
				episode of care					
				begins					

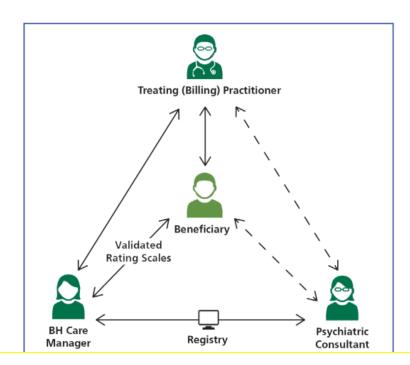
<sup>\*</sup>MDHHS policy represents the minimum that Medicaid Health Plans must provide. Individual MHPs may offer more generous policies, but may not be less generous in benefit coverage.

If you represent a plan or payer and have additional information to share about collaborative care policy updates, please contact <a href="mailto:multipayerprimcare@med.umich.edu">multipayerprimcare@med.umich.edu</a>.

### **Psychiatric Collaborative Care Model (CoCM)**

Use CPT codes 99492, 99493, and 99494, and HCPCS code G2214 to bill for monthly services delivered using the CoCM, an approach to BHI shown to improve outcomes in multiple studies.

**What is CoCM?** This figure is a model of behavioral health integration that enhances usual primary care by adding 2 key services to the primary care team, particularly patients whose conditions aren't improving:



- Care management support for patients receiving behavioral health treatment
- Regular psychiatric inter-specialty consultation
- A team of 3 individuals deliver CoCM: the Behavioral Health Care Manager, the Psychiatric Consultant and the Treating (Billing) Practitioner

### Care Team Members









- Treating (Billing) Practitioner A physician or non-physician practitioner (physician assistant or nurse practitioner); typically primary care, but may be of another specialty (for example, cardiology, oncology)
- Behavioral Health Care Manager A designated individual with formal education or specialized training in behavioral health (including social work, nursing, or psychology), working under the oversight and direction of the billing practitioner
- Psychiatric Consultant A medical professional trained in psychiatry and qualified to prescribe the full range of medications
- Patient The patient is a member of the care team

### **Service Components**

- The primary care team (billing practitioner and behavioral health care manager) initial assessment
  - Administration of validated rating scale(s)
- The primary care team's joint care planning with the patient, with care plan revision for patients whose condition isn't improving adequately. Treatment may include pharmacotherapy, psychotherapy, or other indicated treatments

 Behavioral health care manager following up proactively and systematically using validated rating scales and a registry



- Assesses treatment adherence, tolerability, and clinical response using validated rating scales; delivers brief evidence-based psychosocial interventions such as behavioral activation or motivational interviewing
- 70 minutes of behavioral health care manager time the first month
- 60 minutes following months
- Add-on code for 30 more minutes any month
- Regular case load review with psychiatric consultant:
  - The primary care team regularly (at least weekly) reviews the patient's treatment plan and status with the psychiatric consultant
  - The primary care team continues or adjusts treatment, including referral to behavioral health specialty care, as needed

#### **CMS Collaborative Care Full Code Descriptors**

**CPT code 99492** Initial psychiatric collaborative care management, first 70 minutes in the first calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and that the treating physician or other qualified health care professional directs, with the following required elements:

- Outreach to and engagement in treatment of a patient directed by the treating physician or other qualified health care professional
- Initial assessment of the patient, including administration of validated rating scales, with the development of an individualized treatment plan
- Review by the psychiatric consultant with modifications of the plan, if recommended
- Entering patient in a registry and tracking patient follow-up and progress using the registry, with appropriate documentation, and participation in weekly caseload consultation with the psychiatric consultant
- Provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies

**CPT code 99493** Follow up psychiatric collaborative care management, first 60 minutes in a following month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional, with the following required elements:

- Tracking patient follow-up and progress using the registry, with appropriate documentation
- · Participation in weekly caseload consultation with the psychiatric consultant
- Ongoing collaboration with and coordination of the patient's mental health care with the treating physician
  or other qualified health care professional and any other treating mental health providers
- Other review of progress and recommendations for changes in treatment, as indicated, including medications, based on recommendations supplied by the psychiatric consultant
- Provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies
- Monitoring of patient outcomes using validated rating scales; and relapse prevention planning with patients as they achieve remission of symptoms or other treatment goals and are prepared for discharge from active treatment

**CPT code 99494** Initial or subsequent psychiatric collaborative care management, each additional 30 minutes in a calendar month of behavioral health care manager activities, in consultation with a psychiatric consultant, and that the treating physician or other qualified health care professional directs (list separately from the code for the primary procedure)

**HCPCS code G2214** - Initial or subsequent psychiatric collaborative care management, first 30 minutes in a month of behavioral health care manager activities, in consultation with a psychiatric consultant, and directed by the treating physician or other qualified health care professional:

- Tracking patient follow-up and progress using the registry, with appropriate documentation; participation in weekly caseload consultation with the psychiatric consultant
- Ongoing collaboration with and coordination of the patient's mental health care with the treating physician
  or other qualified health care professional and any other treating mental health providers
- Other review of progress and recommendations for changes in treatment, as indicated, including medications, based on recommendations supplied by the psychiatric consultant
- Provision of brief interventions using evidence-based techniques such as behavioral activation, motivational interviewing, and other focused treatment strategies
- Monitoring of patient outcomes using validated rating scales
- Relapse prevention planning with patients as they achieve remission of symptoms and/or other treatment goals and are prepared for discharge from active treatment)

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